

**Triumph Club**



**Of North Florida**

1409 Forest Ave.  
Neptune Beach, Fla 32266

Notify Norm Reimer of address changes at (904) 246-6044 or email to "suenorm@comcast.net"

# TRIUMPH CLUB OF NORTH FLORIDA

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## Cap's On The Water Event August 15, 2009



–Photo by Walt Lanz

*All opinions expressed in the articles, columns and other material included in the newsletter are those of the author and do not necessarily reflect the position of the Triumph Club of North Florida, its officers or members. The Triumph Club of North Florida is not responsible for any technical advice which may appear in these pages.*

CLUB OFFICERS	COMING EVENTS
<p><b>PRESIDENT</b> Walt Lanz (904) 631-8395 © (904) 641-3262 Email: <a href="mailto:Walt@WLSservices.com">Walt@WLSservices.com</a></p> <p><b>MEMBERSHIP SECRETARY</b> Graham Thomas (904) 321-0261 email: <a href="mailto:36142L@bellsouth.net">36142L@bellsouth.net</a></p> <p><b>SECRETARY / TREASURER</b> Norm Reimer 904-246-6044 email: <a href="mailto:suennorm@comcast.net">suennorm@comcast.net</a></p> <p><b>EVENTS COORDINATOR</b> Stan Kinmonth (904) 276-1418 email: <a href="mailto:stantr6@comcast.net">stantr6@comcast.net</a></p> <p><b>NEWSLETTER</b> Lance Brazil (904) 247-1030 email: <a href="mailto:lbrazil@bellsouth.net">lbrazil@bellsouth.net</a></p>	<p><b>September 19, 2009</b> First Coast Car Show Jacksonville Landing Call Stan to Register (904) 276-1418 <a href="mailto:stantr6@comcast.net">stantr6@comcast.net</a></p> <p><b>October 17, 2009</b> British Car Classic XXI 9:00—4:00 Buffalo's SW Café Orange Park See Page 3 <a href="http://www.mgclassics.org">www.mgclassics.org</a></p>
<p>Any contributions to the news-letter are greatly appreciated. If you have articles, graphics or funny anecdotes, please call Lance Brazil at (904) 247-1030 or email to <a href="mailto:lbrazil@bellsouth.net">lbrazil@bellsouth.net</a> by the 22<sup>nd</sup> of the month prior to publication.</p> <p>On the Web: <a href="http://www.tcnf.org">www.tcnf.org</a></p>	<p><b>Monthly Reminders</b> Pub club meeting September 6, at King's Head Pub on US1 5 miles north of St. Augustine</p>

Join the Triumph Club of North Florida  
If you're interested in Triumph cars, You should be a member of TCNF. The benefits are outstanding, a monthly newsletter that is entertaining as well as informative with free ads to members, monthly events, rallies, shows, picnics, tours and camaraderie with fellow enthusiasts...

**Membership Application/ Renewal**

\_\_\_\_\_ (Please Print) \_\_\_\_\_

New \_\_\_\_\_ Renewal \_\_\_\_\_

Car Information

	Year	Model	Comm #
Name _____	1. _____		
Spouse _____	2. _____		
Address _____	3. _____		
_____	4. _____		
_____	5. _____		

Home Phone ( ) \_\_\_\_\_

Work Phone ( ) \_\_\_\_\_

Email Address \_\_\_\_\_

Please circle interest in:  
Tech Sessions Autocross  
Social Events Tours  
Fun Rallyes Car Show  
T-S-D Rallyes Races

VTR Member? Yes \_\_\_ No \_\_\_

TRA Member? Yes \_\_\_ No \_\_\_ Make your \$25.00 check payable to:

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## VINCO Triumph Transmission FAQ's

Often asked of Vinco Transmission:

**Q** – What kind of oil do I put in my Triumph transmission (and overdrive.)

**A** - For the TR2, TR3, TR4, TR250, TR6, Spitfire and sedans that use these transmissions use 20W50 motor oil.

**IMPORTANT!** If your Triumph is equipped with Overdrive Do NOT use anti-friction additives or synthetic oil, it will cause the overdrive clutch to slip.

For the TR7 & TR8 5-speed use ATF.

## Cap's On the Water

The road trip to **Cap's on the Water** in St. Augustine could not have been better. Walt and Barbara Lanz in their TRuck, Graham and Janett Thomas in their TR3, and I in my Spitfire met in Atlantic Beach and started down A1A. Along the way we picked up Wayne and Annmarie Brooks in their TR6 who had driven up to Ponte Vedra just to do the drive back to St. Augustine. It was a perfect top-down day for the trip.

At the restaurant we met Vick Hall in one of his Jaguars, Jerry and Louise Popp in their TR8, Mike and Gene Schoonmaker in their Spitfire. Later we were joined by Stan and Lilly Kinmonth and my Gloria.

All of the food was delicious and each serving was presented as if it were being photographed for a food magazine. Anyone who missed this trip missed a wonderful time.

## President's Corner

Another month has just simply flown by.....wow!! I heard that the Suns baseball event was fun for everyone. That's great, I was out of town and missed it. The Saturday drive down A1A was nice, once we got out of the beach traffic. Good food, relaxed dining under the shade trees, and good company. Watching the sailboats on the water makes you relax.

Hope you plan on going to the Landing on the 19<sup>th</sup>. We will be able to see some nice cars, and maybe some MG's, and Austin-Healys as well, along with some American Iron. I understand there will be a boat show going on at the same time, so we should have plenty to do, along with a variety of food and drink.

Don't forget to mark your calendar for the October show. Go ahead and register your car early and support the MG club as well as they support us when it's our turn. You can check out our website, and theirs also for more information, and necessary forms. Our web is [www.TCNF.org](http://www.TCNF.org), theirs is [www.mgclassics.org](http://www.mgclassics.org).

We will see you at these events.

## Walt Lanz

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## Birmingham British Motoring Club

On a recent trip to my hometown of Birmingham, Alabama I happened to look on the internet on Saturday morning and discovered the local **British Motoring Club** was having a picnic. I drove to the location, got my camera and several previous copies of our newsletter and started to look at cars.

It wasn't long until I was discussing a beautiful MGBGT with an owner. He offered me a beer and I, of course, accepted. I found the editor of their newsletter and we swapped addresses so that we can share out newsletter with them and vice-versa. Next they told me to go through the food line and fill my plate, that there was plenty there. Wonderful food!

This just goes to prove what we all already know: British car owners are a wonderful, giving group. It has been said, and with a lot of truth, if you are having trouble with your car, there will be 6 people coming to your aid and offering tools to help you make the necessary repairs. A special thanks to the **Birmingham** group for a wonderful afternoon. We look forward to meeting more of you in the future.

